

# **KEYS TO THE LIFE OF DOMINICAN NUNS**

*(Document to be fixed on the door of the Monastery of Prouilhe)*

## **PRAYER**

Our life is centred around prayer. We wish to consecrate ourselves wholly to God. Our life is organised to enable us to achieve this. Prayer is source of happiness and wisdom. Through prayer we are fully present in the world and we do our best to improve the world. All this by God's grace.

## **SISTERHOOD**

Our communities seek to give an (albeit imperfect) image of the Kingdom of God. In the first place our fraternal life gives us affection and joy. We sisters are seeking God together. Through our love and respect for one another, we can progress together as a community along the path which leads us to Him. Through our unity the presence of the Holy Spirit is manifest.

## **WORK**

Work is part of our fraternal life and helps us to feel united. Through our work we collaborate in God's work of creation. And we stand together with all humans, who must make effort and suffer to earn a living.

## **STUDY**

The most important is love, which enables us to be near people and God. Only love can lead us to a more intense relationship with Him. But to be able to love, it is important to know those we love. This is why study helps us to contemplate God. In our communities, we spend much time learning about the world, people and in particular our Creator and Redeemer.

## **PREACHING**

Saint Dominic wisely established the first contemplative community at a major crossroads. Thus the community is able to support the Friars both materially and spiritually and in the midst of the world, bear witness of the Kingdom of God. This choice gives great sense to our lives for our preaching.